AVOID SLIPS, TRIPS AND FALLS IN THE WORKPLACE

Gear UP
The items you use and wear can help reduce slips and falls. Make sure to:

- Wear sensible footwear
- Stand on ladders not chairs or tables
- Install handrails on stairs

Pick UP
Having items in the walkways can trip people. Make sure to:

- Take care of spills promptly
- Remove clutter from walkways
- Keep cords out of traffic areas

Fix UP
Poorly maintained facilities can lead to falls. Be on the lookout and:

- Maintain good lighting indoors and outdoors
- Check the condition of outdoor walkways and stairs
- Remove fallen leaves or snow right away

REDUCE
Slips, Trips and Falls