Explore **Federal Rules and Regulations Using GPO Access**

1. **Federal Register**
   The official publication for rules, proposed rules and notices from Federal agencies and organizations, (Also includes executive orders and other Presidential documents).
   

2. **Code of Federal Regulations**
   
   Check the List of CFR Sections Affected (LSA) for the most current information about which CFR sections have been affected (added, amended, deleted, etc.) since a title’s most recent revision date.

3. **List of CFR Sections Affected**
   Lists new and amended Federal regulations that have been published in the Federal Register since the most recent revision date of CFR title.
   
   Use the Federal Register page numbers listed in the LSA to retrieve the regulatory text that affects a given CFR section or part.

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Once Congress passes laws, Federal agencies are responsible for implementing those laws. Regulations are issued by Federal agencies under the authority delegated to them by Federal law or a Presidential executive order and have the force of the law. The Federal Register, Code of Federal Regulations and List of Sections Affected can be used in conjunction with each other on GPO Access to track Federal regulations.

**Federal Register (FR)**
The Federal Register is the official daily publication for notices, proposed rules and rules of Federal agencies and organizations. Updated by 6 a.m., the Federal Register is published Monday through Friday, except Federal holidays. Final rules are printed in the Federal Register and later codified by subject in the Code of Federal Regulations.

**Code of Federal Regulations (CFR)**
The Code of Federal Regulations codifies final rules having general applicability and legal effects that have previously appeared in the Federal Register. The CFR is divided into 50 broad subject areas that are subject to Federal regulation. Each title is divided into chapters, which usually bears the name of the issuing agency. Each chapter is further subdivided into parts that cover specific regulatory areas. Each volume of the CFR is revised annually on a quarterly schedule.

**List of Sections Affected (LSA)**
Due to the CFR update schedule, the LSA references, by Federal Register page numbers, new and amended Federal regulations enacted since the most recent revision date of a CFR title. The LSA is updated monthly; however, a list of daily changes is also available.


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